Woulas Bipolar Disorder, Type II Evaluation Scale [WBPIIS]
Frequency Code: 0 = Never, 1 = Occasionally, 2 = Often, 3 = Very often

Name:
Date of Birth:
Date of Evaluation:
Instructions: Evaluate each item below on a scale from 0 to 3 based on previous and current observations.

1. Has a family history of depression 0 1 2 3
2. Has a family history of bipolar disorder 0 1 2 3
3. Known history of alcohol and/or drug abuse 0 1 2 3
4. Has a history of domestic violence 0 1 2 3
5. Family history of anger, rage, and abuse 0 1 2 3
6. Experiences mood swings to the extremes 0 1 2 3
7. Complains of difficulty sleeping 0 1 2 3
8. Problems with attention and concentration 0 1 2 3
9. “Goes off” easily and loses temper 0 1 2 3
10. People close by tend to be walking on eggshells 0 1 2 3
11. Prior arrests for domestic violence 0 1 2 3
12. Blames others for existing problems 0 1 2 3
13. Tends to be manipulative 0 1 2 3
14. Has some criminal history other than domestic violence 0 1 2 3
15. Appears irritable and/or agitated 0 1 2 3
16. Has difficulty maintaining steady employment 0 1 2 3
17. Is argumentative 0 1 2 3
18. Talks excessively 0 1 2 3
19. Irrational and unrealistic thoughts 0 1 2 3
20. Initiates fights either verbal or physical 0 1 2 3
21. The mind seems to be in a racing mode 0 1 2 3
22. Punches walls, throws objects, or breaks things 0 1 2 3
23. Has difficulty with close relations 0 1 2 3
24. Tries to control others 0 1 2 3
25. Appears sad, unhappy, or depressed 0 1 2 3

The statements included in this evaluation are primary indicators of Bipolar Disorder, Type II. Any positive response (by checking 1-3) should require further evaluation. If you have any of these indicators, please visit our website at, HereIsHelp.net